FILOUMI

THE FREE PRINTABLE COLLECTION

KINDERGARTEN

My first tracing

From drawing shapes to capital letters.



A little workshop.
Something new to discover.

Go at your own pace, with a grown-up to help.
Try, look closely, and have another go.

01 Tips to help with writing movements.

02 Patterns, the alphabet, numbers and the child’s name.

Print on A4 at 100%. Only print the pages you need.
Download is free; the books at the end are for sale.

Getting off to a good start

Three tips before sharpening pencils

The right grip

The pencil is held between the thumb and index finger, resting on the middle finger – the “pincer”. A triangular pencil really helps little hands.

The right direction

Lines go from top to bottom, and circles go round anticlockwise: these are the movements of future joined-up handwriting. It is better to go slowly in the right direction than quickly in the wrong one.

Keep sessions short

Five to ten minutes, when your child feels like it. A five-year-old’s hand tires quickly: three carefully traced lines are worth more than a rushed page. And put the best work up on the fridge!

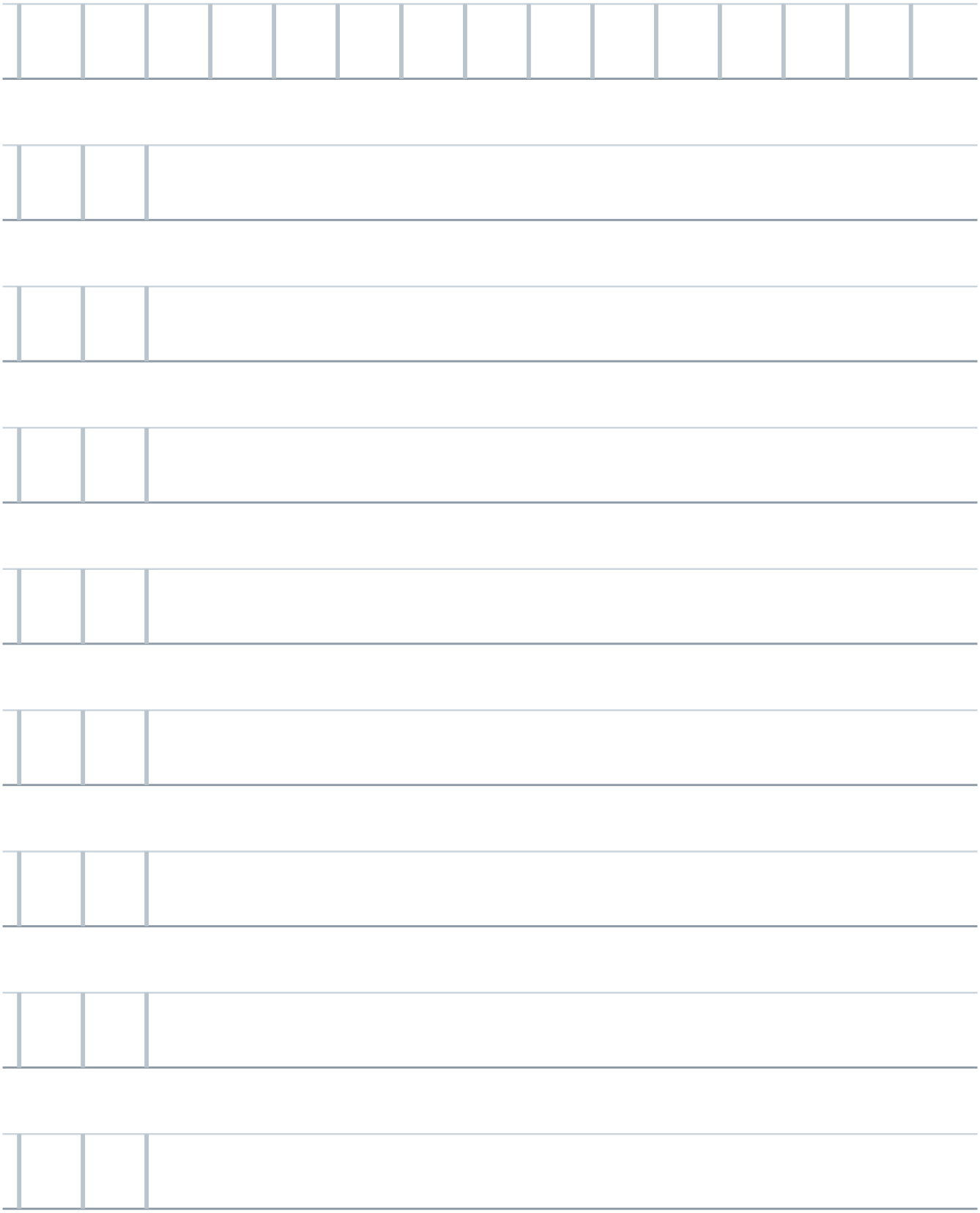
Why capital letters, not joined-up?

These sheets practise capital letters and pre-writing patterns. Joined-up writing can also be started in Kindergarten, with the teacher, depending on each child’s readiness.

Kindergarten

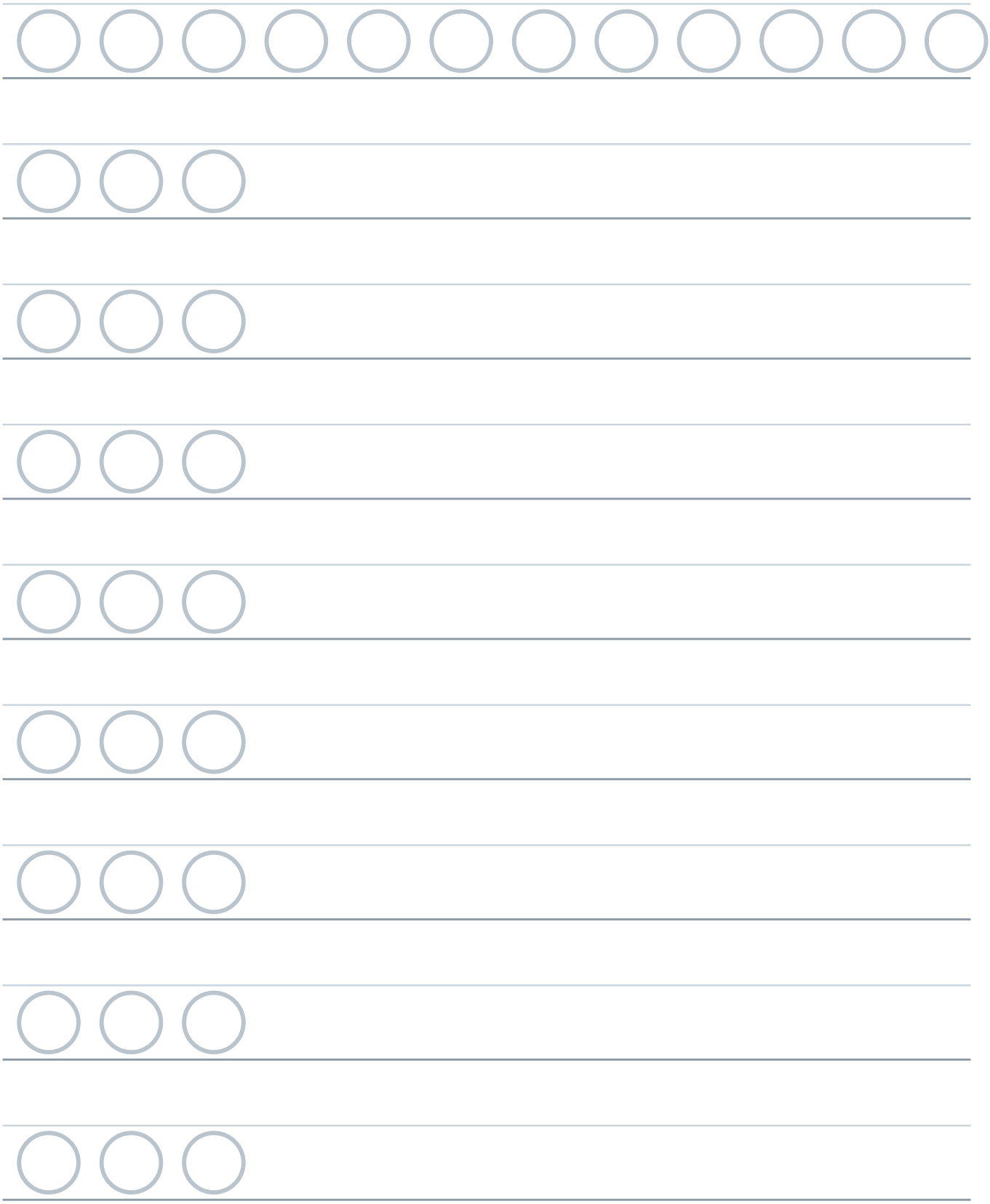
Pattern 1 – vertical lines

From top to bottom, like falling rain.



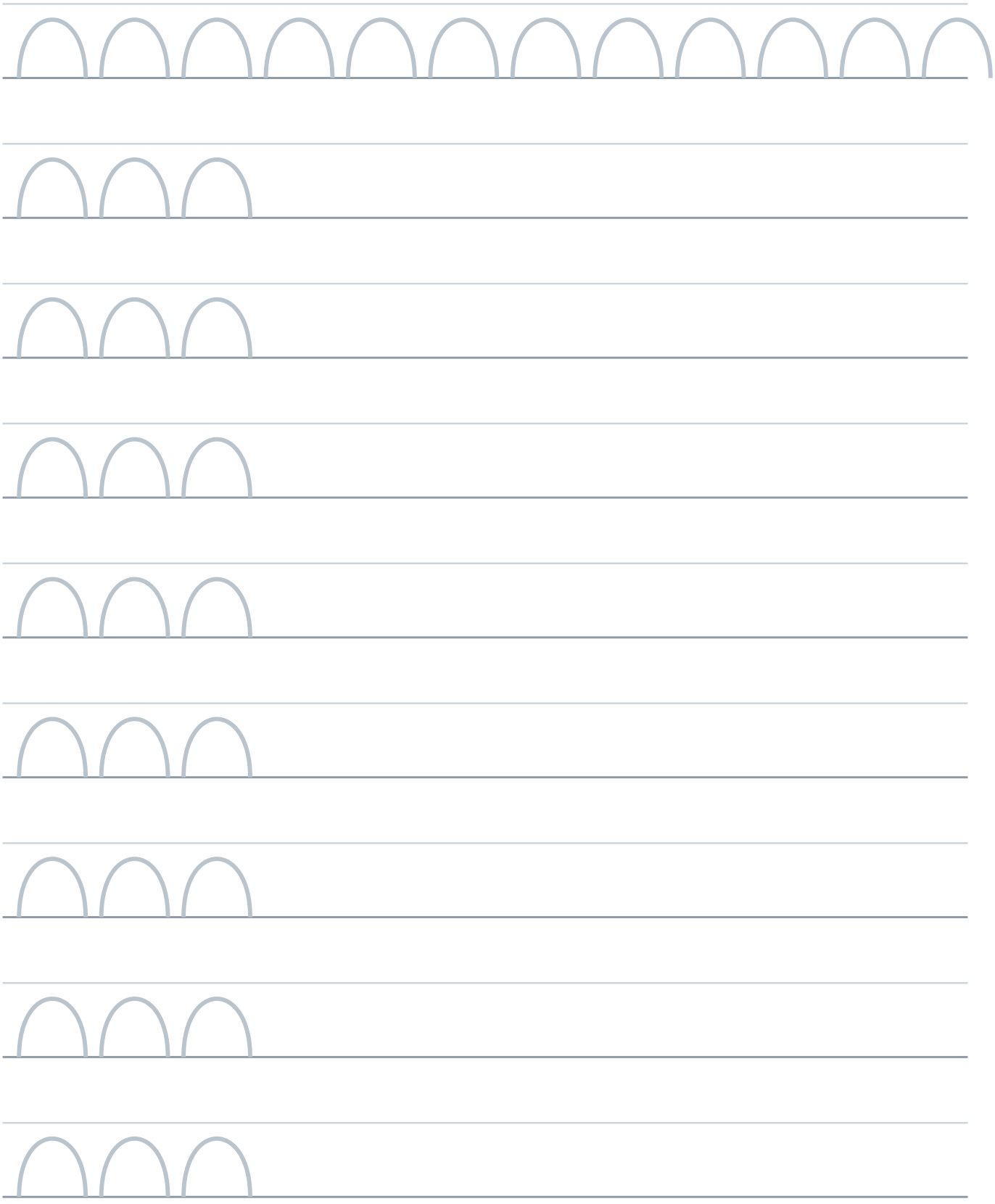
Pattern 2 – circles

Go round anti-clockwise – just like you will for an ‘a’!



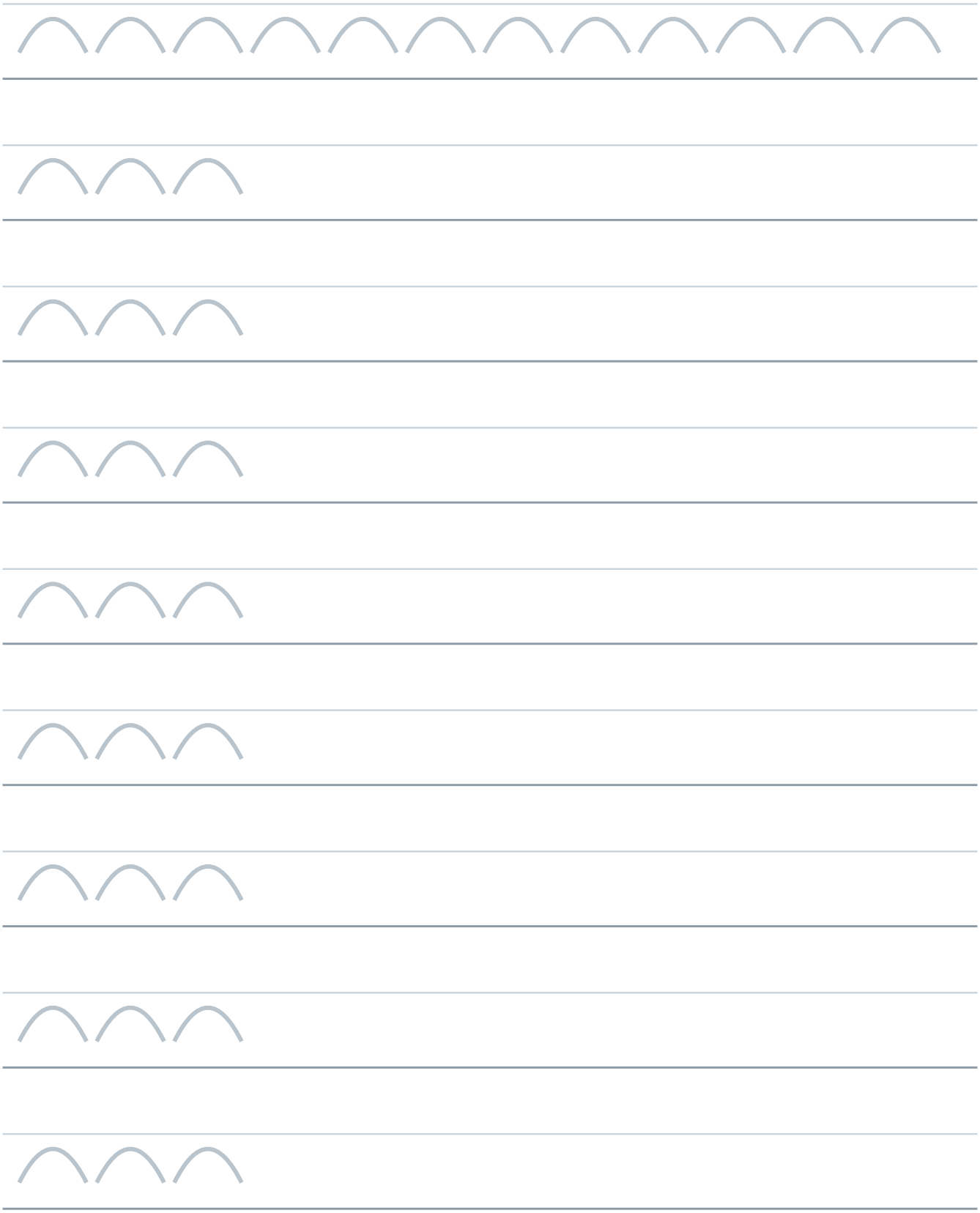
Pattern 3 – arches

Up, over, and down again – just like the letters ‘m’ and ‘n’.



Pattern 4 – waves

Don’t lift your pencil, like the sea – smooth and even.



Pattern 5 – loops

Go up and round, then down – just like the loop in an ‘l’.



Capital letters – A B C D E F G

Trace over the grey letters, then keep going by yourself to the end of the line.

A A A A A

B B B B B

C C C C C

D D D D D

E E E E E

F F F F F

G G G G G

Capital letters – H I J K L M N

Trace over the grey letters, then keep going by yourself to the end of the line.

H H H H H

I I I I

J J J J

K K K K

L L L L

M M M M

N N N N

Capital letters – O P Q R S T

Trace over the grey letters, then keep going by yourself to the end of the line.

O O O O O

P P P P P

Q Q Q Q Q

R R R R R

S S S S S

T T T T T

Capital letters – U V W X Y Z

Trace over the grey letters, then keep going by yourself to the end of the line.

U U U U U

V V V V V

W W W W W

X X X X X

Y Y Y Y Y

Z Z Z Z Z

Numbers from 0 to 9

Trace over the grey numbers, then carry on by yourself.

0 0 0

1 1 1

2 2 2

3 3 3

4 4 4

5 5 5

6 6 6

7 7 7

8 8 8

9 9 9

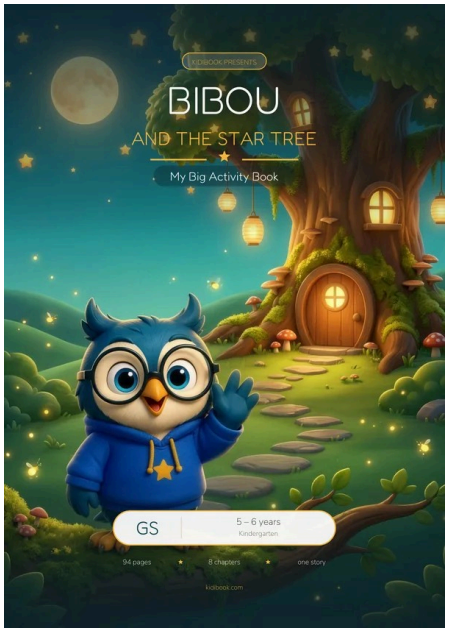
I write my name

The adult writes the name in light grey on the first line – the child traces over it, then carries on.

Tip: write the example very lightly in pencil – your child can go over it with felt tip.

Shall we keep going together?

A book suggestion for parents, after the free activities.



PAID PAPERBACK BOOK

Bibou and the Star Tree

A large activity book for Kindergarten (ages 5–6) with Bibou the owl: letters from A to Z, numbers and first tracing.

See inside pages and choose with peace of mind

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